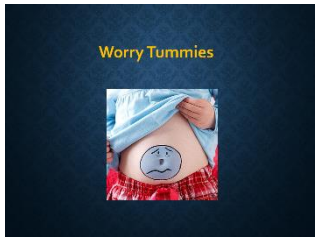
Parent Wellbeing Hub

What do you need support with?

(Click on the icons to link to further information)

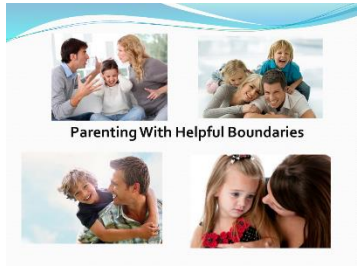


Mental health
beyondblue

Me and my Changing Family

COPING WITH STRESS

Free parent coaching
REACH OUT.COM



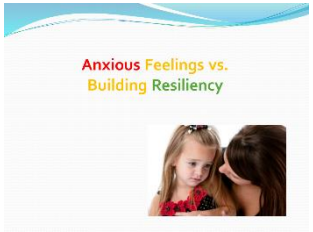
BULLYING. NO WAY!
TAKE A STAND TOGETHER

Grief and Loss
REACH OUT.COM

STOP cyberbullying

Everyday issues
REACH OUT.COM

raisingchildren.net.au
the australian parenting website
Parenting website



Queensland Government
Resources for parents